



Press Release

MYTILINEOS is standing by students in need through the Prolepsis Institute's Program on Food Aid and Promotion of Healthy Nutrition - DIATROFI

**Sustainable
Development Global
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Athens, Greece - June 10, 2020 – For a second consecutive school year, MYTILINEOS actively participates in the Program on Food Aid and Promotion of Healthy Nutrition – DIATROFI of the Prolepsis Institute, offering daily healthy meals to students of eight schools in Attica and Viotia Prefectures. Overall, since 2018 to this day, more than 55,000 healthy meals have been offered to children in need, with MYTILINEOS contribution.

In particular, this assistance provided was for the following circumstances:

- 55.6% of students' families were affected by food insecurity and 35.2% experienced hunger,
- one out of 6 students had a body weight lower than the normal one (15.0%) while 2 out of 10 students were overweight or obese (20.7%),
- 59.6% of students came from a family where one of the parents had no income (either from work or pension),
- 23.1% of students came from a family where none of the parents had income.

Based on data from the Prolepsis Institute for the school year 2018-2019, at schools supported by MYTILINEOS, the majority of students facing food insecurity stopped experiencing hunger, while a significant number of students gained normal weight. Moreover, more than half of students increased the consumption of fruit and dairy products, significantly improving their eating habits.

MYTILINEOS with its contribution to the Program on Food Aid and Promotion of Healthy Nutrition - DIATROFI, makes a tangible contribution to pushing forward the UN Sustainable Development Goals for 2030. The Program is primarily intended

to 'zero hunger' through food security, nutrition betterment and good health condition.

In the current school year, MYTILINEOS renews its support, ensuring 33.000 healthy meals are being distributed every morning to 294 students.

Mrs. Athena Linos, Professor at the Medical School of the National and Kapodistrian University of Athens and President of Prolepsis Institute stated the following on this cooperation: *"MYTILINEOS is an important companion in our effort to support students who attend schools located in vulnerable areas in Greece and to comfort families in genuine need. Over the last two years, thanks to the company's donations we have secured and distributed thousands of healthy meals to these children on a daily basis. These meals have been proven to have multiple benefits for children in terms of physical and mental health. Concurrently, students who receive these healthy meals start their school day focused and can pay attention in class. We would like to warmly thank MYTILINEOS for this heartwarming support and for the confidence in our work."*

On his behalf, the Sustainable Development Manager of MYTILINEOS, Mr. Georgios Galanis commented that the cooperation with Prolepsis Institute in the Program on Food Aid and Promotion of Healthy Nutrition – DIATROFI was underpinned on the endorsement of common values and objectives, such as mitigation of children's food insecurity and guidance into eating properly and adopting healthy eating habits that will accompany them for life. *"It is a sheer pleasure for us witnessing such a tangible outcome in our efforts, particularly in several schools of our local communities where we have the chance to provide services through the program, such as the Municipalities of Theves, Levadia, Delphi, Acharnai and Fyli"*

The partnership with Prolepsis Institute constitutes an important experience for MYTILINEOS, in the context of developing effective ways to implement its social policy that will be further promoted in the future for the benefit of society.

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MYTILINEOS S.A.

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